



## Eyelid Lift

## Post-Op Instructions

### Eyelid Lift

**NORMAL SYMPTOMS:** It is normal to experience, bruising, swelling, minimal pain and the inability to fully close your eyes for the first few days following surgery. These conditions will lessen each day. Ice water compresses can help reduce swelling and discomfort. Suture removal is on the fifth day.

**SURGICAL CARE:** During the first 2 days after surgery, the use of cool ice water compresses diminishes swelling and makes your eyelids feel good. These compresses should be 4 x 4 gauze pads soaked in ice water. These compresses are kept on for 30 minutes every 2-3 hours. Keep your head elevated on 2 pillows; Placing a towel over top of the compresses improves the effect of cooling

**ACTIVITIES:** No heavy lifting, running, stooping or straining for one week. No driving until approved by Dr. Zahir. You may shampoo and shower on the second day after surgery. Often having someone else assist you in hair care may be easier.